

Albany Recreation & Parks

Health, Wellness, & Community Events Division

Summer 2017

Fit 2 Be Me!

Building a Healthy Lifestyle



What: Fun, healthy fitness camp for youth ages 7-16

Where: Carver Community Center at 1023 S. McKinley

Dates: June 5—July 14, 2017 (closed July 4)

Cost: FREE! Must fill out a camp registration form

Time: 9:00 am - 2:00 pm, Monday - Friday

FMI: Linda Harris at 430-5243 or email LiHarris@albany.ga.us

Activities include: arts & crafts, reading program, fitness program, sports (basketball, baseball, softball, football & cheerleading), guest speakers, weekly talent contest, community gardening, table tennis, swimming lessons (Carver Pool registered participants only), "Organ Wise Guys" education program, special events, and much more!

June 5—9	Fun Week
June 12 -16	Sports Week
June 19—23	Walk & Workout
June 26—30	Make & Take Arts & Crafts
July 3—7	Free play (closed July 4)
July 10—14	Career Week & Summer Jam



www.albany.ga.us

229-430-5222

Free breakfast provided at 8:30 am and free lunch provided at Noon through the Seamless Summer Option, June 5 - July 14.

You must be age 18 or younger to participate.